

Milk Street: Cookish

Date							
Lunch	Scallion Noodles p. 129	Bucatini with Sweet Corn and Scallions p. 104	Korean Fire Chicken p. 234 Leftovers with fried rice	Leftovers	leftovers	Chili Soy Noodles w/ Bok Choy and Peanuts p. 125	leftovers
Dinner	Gochujang Skirt Steak and Noodles with Kimchi p. 283	Korean Fire Chicken p. 234 w/ white rice and lettuce leaves	Portuguese Style Beef w/ Pickled Vegetable p. 295	Stir-Fried Red Curry with Green Beans and Herbs p. 224	Chickpea and Tomato Curry p. 85	Korean-Style Spicy Pork p. 265	Crisp-Breaded Chicken Cutlets with tangy soy-sesame sauce p. 199
Dessert	Blueberry Crumble with Oats and Tahini p. 315	(leftover dessert)	Coconut Almond Macaroons with Apricot preserves p. 323	Leftover dessert	Leftover dessert	Charred pineapple with Spiced honey and Coconut Ice Cream p. 320	

Meat

3 lbs boneless, skinless chicken thighs
1 ½ pound boneless, skinless chicken breasts
1 pound boneless pork shoulder
1 pound skirt steak
1 pound beef steak tips or flat iron steak or tri-tip
6 four ounces chicken cutlets, ¼ inch thick

Produce

4 bunch scallions
1 lb baby bok choy
Medium yellow onion
6-inch piece ginger
10 garlic cloves
2 pints fresh blueberries or 4 cups frozen wild blueberries
1 whole pineapple
Fresno or jalapeno chili pepper
8 ounces green beans
2 cups fresh basil, mint or cilantro
lime

Dairy

14 tbsp butter
2 ounces pecorino Romano cheese, finely grated
2 large eggs

Spices

Red pepper flakes
Garam Masala
Curry powder

Frozen

Coconut or vanilla ice cream
1 lb frozen corn

Other

4 cans (15 ½ ounce) chickpeas
1 cup gochujang
14 ½ ounce can crushed tomatoes
1/2 cup unseasoned rice vinegar
2 cup low-sodium soy sauce
½ cup sesame oil
1 tbsp mirin

1 ½ cups Napa cabbage kimchi
10 ounces non-instant ramen or low mein noodles
2 packs 10 ounces Soba noodles
1 pound bucatini pasta or spaghetti
2 tbsp sherry vinegar
1 cup drained giardiniera
2 cups quick-cooking oats
¼ cup tahini
1 ½ tsp ground cinnamon
¼ cup honey
1 tbsp brown sugar
½ cup all-purpose flour
2 cups panko breadcrumbs
Neutral oil for frying
1 cup roasted peanuts (unsalted)
1 ½ cups shredded unsweetened coconut
½ cup sliced almonds
½ cup of coconut oil
Thai Red curry paste
Apricot preserves