



THAT ORGANIC MOM'S

Party Guide

with organic options!





SIX TO EIGHT WEEKS BEFORE

- Choose a party theme
- Choose a date
- Decide where the party will be held
- Book entertainment (magicians, musicians, clowns, etc.)
- Make a guest list
- Order invitations

FOUR TO FIVE WEEKS BEFORE

- Mail invitations
- Plan activities


THREE WEEKS BEFORE

- Keep a list of attendees handy
- Rent or buy any big supplies needed such as tents, etc.

TWO WEEKS BEFORE

- Cups and Plates (avoid foam and opt for eco-friendly if possible)
- Utensils (biodegradable or reusable are the best choice)
- Decorations
- Games
- Prizes
- Tablecloths
- Napkins
- Party favors for kids (do your friends a favor and skip some of the sugary favors, how about craft kits, your child's favorite book, or even a coupon to a theme park)
- Party favors for adults (try something unique like washi tape and blank notebooks, tiny potted succulents or potted herbs, organic seeds, small packs of your favorite coffee all make memorable party favors for adult parties)

ONE WEEK BEFORE

- Organize helpers (babysitters, photographers, etc.)
 - Plan menu and order cake (if serving cake)
 - Order edible arrangements or flowers if necessary
 - Grocery shop
 - Snacks such as fruit trays, veggies with a healthy ranch, or a yogurt bar are fun!
 - Assorted beverages
 - Assemble goody bags or Party favors
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ONE DAY BEFORE

- Confirm any helpers previously lined up
- Arrange and confirm delivery of any foods if ordered
- Prepare appetizers if making them yourself
- Clean party area if at home

MORNING OF PARTY

- Charge camera batteries and other electronic devices
- Pick up balloons, ice, and cake (if ordered)
- Pick up ice, if necessary (for cooling beverages or putting in beverages)
- Decorate
- Prepare food
- Chill beverages
- Tie balloons or ribbons onto mailbox if having party in a neighborhood so guests can find location easily

ABOUT AN HOUR BEFORE

- Put pets away if necessary (parties often stress animals out)
- Get dressed for party
- Arrange items such as plates, party favors, decorations
- Take a deep breath and prepare for the fun!

AFTER PARTY

- Send out Thank You Notes!

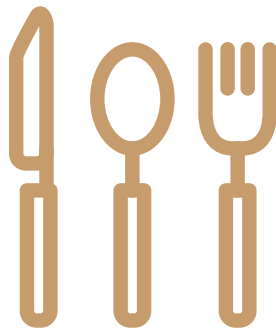


RESOURCES

Plates



Utensils



Party Food Options

Consider an Edible Arrangement (fruit) instead of a cake.

Try a local bakery and ask for organic or gluten free options.

Order a cake from a supermarket with healthier ingredients such as EarthFare, Whole Foods, Sprouts, or others but wherever you order, ask:

What ingredients do you use?

Do you use artificial colors?

Do you use hydrogenated oils?

Making your own cake will give you complete control over the ingredients.

Check locally for catering companies that use local ingredients, you might be pleasantly surprised at the affordability of some!