



# Fourth of July Celebration Cookout Menu

*Trim Healthy Mama Friendly*

## **Drinks:**

Sparkling water with frozen strawberries & lemon slices  
Garam Masala Chai Tea Latte Shrinker Variation

## **Appetizers:**

Zucchini Canoes p. 139  
Guacamole with Cucumber and Celery Dippers

## **Sides:**

Light and Lovely Coleslaw p 231  
Grilled Veggie Skewers

## **Main:**

Jalapeno Onion Burgers p. 178 with  
Grain Free Burger Buns & Body Burn Mayonnaise p. 470  
Bangin' Ranch Drums p. 162

## **Dessert:**

Trimtastic Chocolate Zucchini Cake w/ Frosting  
Lemonade Slushy p. 372